

ADVANCED GASTROENTEROLOGICAL ASSOCIATES

M. Badar Anwer, M.D.

210 E. Monument Ave. Ste A
Kissimmee, FL 34741
Phone: 407-870-9992
Fax: 407-870-5153

410 Celebration Place, Suite 400
Celebration, FL 34747
Phone: 407-566-0700
Fax: 407-566-0712

Colonoscopy Preparation

You must follow a clear liquid diet ALL DAY before procedure until midnight

Food Group	Food Allowed
Fruits juices	Apple and white grape juices
Beverages	Tea, clears carbonated sodas, Gatorade, Kool-Aid (none with red or purple dye) Strained lemonade, water.
Coffee	One cup (black). NO MILK OR CREAMER
Soups	Clear broth, bouillon
Dessert/Sweets	Popsicles, flavored ices, flavored gelatin, hard candy (none with red dye).
Seasoning	Salt, lemon juice

Suprep Bowel Prep Kit

(Prescription)

On the day before the procedure:

- Beginning at **5:00 p.m.** pour (1) 6 ounce bottle of **Suprep** liquid into the mixing container.
- Add cool drinking water to the 16-ounce line on the container and mix.
- Drink all the liquid in the container.
- You must drink two (2) more 16 ounce containers of water over the next 1 hour.

On the morning of you procedure:

- Beginning at **4:00 a.m.** pour the second 6 ounce bottle of **Suprep** liquid into the mixing container.
- Add cool drinking water to the 16-ounce line on the container and mix.
- Drink all the liquid in the container.
- You must drink two (2) more 16 ounce containers of water over the next 1 hour.

If you have any questions feel free to call our office at 407-566-0700. If you experience vomiting, stop drinking the preparation for 20-30 minutes then restart and finish the remainder of the preparation. If you are unable to finish the remainder of the bowel preparation due to vomiting, call the office.